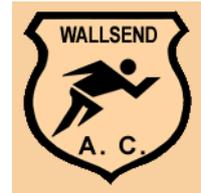


# Wallsend Athletics 2020-2021 Season

Newsletter 2 - 19/10/2020



Welcome to Week 2! Thanks to everyone that attended last week. It was great to see so many new faces trialling, we hope you enjoyed the night and continue to join in at our club for Athletics.

This is the last week we're accepting athlete trials. From next week, all those competing must be fully registered. For Little Athletics (U6 – U17) this can be completed online by going to <https://lansw.com.au>, and Seniors can be completed online by going to <https://www.revolutionise.com.au/wallsendrslat/>

Start Time: 5:30pm (U6 – U12), 6:00pm (U13+)

## Instructions for Monday Competition Night

- Entry and Exit via Boscowen Street or Low Street (over bridge) where a Coles tent will be visible. Please use these entry and exit points
- Sign in / Sign Out via QR Code
- Please head to first event after signing in. The announcer will call out your next events after that.

## First Events:

	Boys/Men	Girls/Women		Boys/Men	Girls/Women
Under 6	70m	70m	Under 11	800m	800m
Under 7	70m	70m	Under 12	Triple Jump	Triple Jump
Under 8	Novelty - Shuttle	Novelty - Shuttle	Under 13-15	Hurdles*	Hurdles*
Under 9	Shot Put	Shot Put	Under 17+	Hurdles*	Hurdles*
Under 10	800m	800m			

\*Hurdles events will be run as the same distance of the short hurdles race – without the hurdles. We're evaluating the use of hurdles for the next round.

## Last Season Trophies

Trophies will be available for pick on the Low Street entry/exit tent at the end of the night (after your last event).

## Registration Packs

For Little Athletics registered members, your registration packs will be available to pick up on the Low Street entry/exit tent at the end of the night (after your last event).

The pack contains 2 patches.

1. Registration Number Patch. To be sewn or pinned on your uniform top (middle)
2. Age Patch. To be sewn or pinned on your black shorts (bottom left)
3. Coles Patch (if needed, please collect separately). To be sewn or pinned on your uniform top (top right)

Uniform tops are available to purchase at the back of the clubhouse. All athletes should be competing in their uniform, with patches applied.